CHEVY CHASE FACIAL PLASTIC SURGERY

# FACE.

Volume 8, Issue 1

## Thermage® CPT is Here: More comfort, Faster results

thermage®

Have you been thinking about Thermage? If so, this summer may be the time to take the plunge. With the latest CPT (comfort pulse technology) the treatments are more comfortable and results are more predictable. Results have been seen earlier than with the older technologies and patient satisfaction is greatly increased. Thermage tightens the skin by imparting heat to the skin while cooling the surface of the skin. This radiofrequency device causes the collagen in the skin to be stimulated and thereby tightens the skin. Many patients combine their treatments with filler or Botox®/ Dysport® for a quick transformation. Take advantage of our summer special while it lasts! To schedule, contact us at 301-652-8191.

**SUMMER SPECIAL FOR JULY AND AUGUST 2010**

**$300 OFF ANY THERMAGE CPT TREATMENT**

## Extra Protection

We all know summer months bring a little extra exposure to the sun and it's damaging UV rays. Before you apply your SPF, consider using an antioxidant on your face as well. The antioxidant will help to further prevent damage to your skin and lessen your chance of burning. Antioxidants come in the form of vitamin C (l-ascorbic acid), coffeeberry extract, and kinetin to name a few. We have several options to choose from . . . Ask us which is best for your skin type next time you are in.

## Juvederm® XC and Restylane®-L

Now some of your favorite fillers are a little more comfortable. Juvederm and Restylane have added a numbing agent to their fillers which has made treatments more efficient and more comfortable for the patients. Treatment of the lips is infinitely better, even in patients that don't like needles - you know who you are! So no more dental blocks, unless you really want one. Our introductory pricing makes Juvederm XC at the same as regular Juvederm. Restylane pricing will remain the same, as the company did not raise the price for the added comfort. Contact us at 301-652-8191for questions.

### Did you know?

- Dr. Porter has been chosen to speak at the AAO-HNS Annual Meeting Miniseminar on Skin Care
- Dr. Porter gives her opinion in Essence Magazine (June) and Bethesda Magazine (July/Aug)
- As a member of the Medical Education Faculty for Bioform/Merz Aesthetics, Dr. Porter will give her recommendations on their latest filler that will soon hit the US Market

**Jennifer Parker Porter, MD, FACS**

Board Certified, Facial Plastic and Reconstructive Surgery

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# Skin Care Corner:

## Q: Is it okay to have chemical peels during the summer?

The answer in short is that it really depends. Long gone are the days of baby oil and the silver reflectors! Nowadays, most of you are pretty savvy when it comes to protecting your skin. With that said, chemical peels and microdermabrasion are okay for the summer as long as you avoid extreme heat and sun for the week after your treatment.

There are other treatments that are a bit safer for the summer months. These treatments will still prevent the build up of dead skin cells and kill bacteria, preventing summer break outs and keeping your skin looking smooth and healthy. These treatments include the Detox Gel, Oxygenating Trio, Clarifying Mask and Pumpkin Peel Treatment. To learn which of these treatments might be the right one for you this summer, set up an appointment with our aesthetician, Shana. Be sure to follow our website (ChevyChaseFace.com) for a list of our skin care Tuesdays.

***The Clarisonic® Pro***

- ***Increases the penetration of vitamin C by 61%***
- ***Removes makeup 6x better than manual cleansing***
- ***Clinically shown to improve tone and texture***
- ***Gentle enough for use by patients with rosacea***

# Clarisonic Pro: Even Smoother Skin!

So you feel as though you've maximized your skin care regimen—you are doing your at home regimen religiously and chemical peels to keep your skin in top notch shape. If you are ready to take it up a notch, then try the Clarisonic Pro Brush.

When I first saw it I thought , hmmm, this was out when I was a teen. However, the Clarisonic Pro is quite different, using sonic technology, it cleans your skin, improves pores, helps fine lines, and more. In three great colors, what more could you want!

**Botox Days (10% off)**

July 16, 2010

August 12, 2010

**Liquid Lift Days**

(10% off Restylane or Dysport, 15% off both)

July 14, 2010

August 17, 2010

# Earn Rewards for your Treatments

Through the *Brilliant Distinctions* program you can now earn points for each eligible treatment you receive from Dr. Porter. Points are redeemable for savings on future treatments. We will give you a card with an activation code at your next Juvederm® or Botox® treatment. After you register and choose Dr. Porter you will earn points redeemable for dollars off future treatments with us. Combine this with your next Botox day for added savings.

## DYSPORT® CHALLENGE!

**Save $150 on 2 Dysport treatments**

**Now extended through Sept 30th, 2010!**